



TruSpark Curriculum Learning Goals

Week 1 – Day 1 Define Core Motivation.

Week 1 – Day 2 Match the 19 Core Motivations to their descriptions.

Week 1 – Day 3 Describe the overall characteristics of Core Motivations.

Week 1 – Day 4 Explain how Core Motivations help shape our identity.

Week 2 – Day 1 Interpret stories for the Core Motivations they reveal.

Week 2 – Day 2 Describe your top 3 Core Motivations in your own words.

Week 2 – Day 3 Identify ways to practice using Core Motivations in different situations.

Week 2 – Day 4 Create a plan to use your Core Motivations in different areas of life.

Week 3 – Day 1 Define meaningful work.

Week 3 – Day 2 Interview at least 2 people about their feelings of work satisfaction.

Week 3 – Day 3 Explore 3 online resources that are useful for researching possible careers.

Week 3 – Day 4 Analyze 3 careers that may be a good fit for your Core Motivations.

Week 4 – Day 1 Articulate your Core Motivations so that you can express them to others.

Week 4 – Day 2 Create a character card that displays and celebrates your CMs.

