

# IB Psychology Curriculum Plans (first assessment 2027)



The first three plans use the official IB teaching hours for SL and HL classes.

I am however, concerned that the huge workload for SL students makes the official teaching hours impractical. To rectify this, I also provide an alternative plan for a SL and HL combined class. This alternative plan will only work however, if your school give more hours to SL students than IB officially demands.

## SL Only Class

### *Year 1 (85 hours)*

Topic	Time Allowance
Introduction to Psychology	10 hours
Health and Well-being	20 hours
Interview practical	5 hours
Learning and Cognition	20 hours
Experiment practical	5 hours
Internal Assessment	25 hours

### *Year 2 (65 hours)*

Topic	Time Allowance
Human Development	20 hours
Observation practical	5 hours
Human Relationships	20 hours
Survey practical	5 hours
Revision and exam preparation	15 hours

## HL Only Class

### *Year 1 (132.5 hours)*

Topic	Time Allowance
Introduction to Psychology	10 hours
Health and Well-being	25 hours
Interview practical	7.5 hours
Learning and Cognition	25 hours
Experiment practical	7.5 hours
Human Development	25 hours
Observation practical	7.5 hours
Internal Assessment	25 hours

### *Year 2 (107.5 hours)*

Topic	Time Allowance
Human Relationships	25 hours
Survey practical	7.5 hours
Data analysis and interpretation embedded in examples from research into the role of culture in shaping behaviour	10 hours
Data analysis and interpretation embedded in examples from research into the role of motivation in shaping behaviour	10 hours
Data analysis and interpretation embedded in examples from research into the role of technology in shaping behaviour	10 hours
HL extension topic projects in which students work in groups to investigate and present research on the role of culture, motivation and technology in one context	15 hours
Revision and exam preparation	30 hours

## SL and HL Class

### *Year 1 (85 hours plus extra 47.5 hours for HL students)*

SL and HL Topic	Time Allowance	HL only Topic	Time Allowance
Introduction to Psychology	10 hours	Introduction to HL Psychology	2.5 hours
Health and Well-being	20 hours	Data analysis and interpretation embedded in examples from research into the role of culture in shaping behaviour	10 hours
Interview practical	5 hours	Data analysis and interpretation embedded in examples from research into the role of motivation in shaping behaviour	10 hours
Learning and Cognition	20 hours	Data analysis and interpretation embedded in examples from research into the role of technology in shaping behaviour	10 hours
Experiment practical	5 hours	HL extension topic projects in which students work in groups to investigate and present research on the role of culture, motivation and technology in one context	15 hours
Internal Assessment	25 hours		

*Year 2 (65 hours plus extra 45.5 hours for HL students)*

SL and HL Topic	Time Allowance	HL only Topic	Time Allowance
Human Development	20 hours	Revision and exam preparation	45.5 hours
Observation practical	5 hours		
Human Relationships	20 hours		
Survey practical	5 hours		
Revision and exam preparation	15 hours		

## SL and HL Class (Alternative Plan)

*Year 1 (100 hours plus extra 30 hours for HL students)*

SL and HL Topic	Time Allowance	HL only Topic	Time Allowance
Introduction to Psychology	10 hours	HL extension topic projects in which students work in groups to investigate and present research on the role of culture, motivation and technology in one context	10 hours
Health and Well-being	25 hours	Data analysis and interpretation embedded in examples from research into the role of culture in shaping behaviour	10 hours
Interview practical	7.5 hours	Data analysis and interpretation embedded in examples from research into the role of motivation in shaping behaviour	10 hours
Learning and Cognition	25 hours		
Experiment practical	7.5 hours		
Internal Assessment	25 hours		

*Year 2 (85 hours plus extra 25 hours for HL students)*

SL and HL Topic	Time Allowance	HL only Topic	Time Allowance
Human Development	25 hours	Data analysis and interpretation embedded in examples from research into the role of technology in shaping behaviour	10 hours
Observation practical	7.5 hours	Revision and exam preparation	15 hours
Human Relationships	25 hours		
Survey practical	7.5 hours		
Revision and exam preparation	20 hours		