

IB Psychology - New Syllabus (First Assessment 2027)

Paper 3 Research Question Ideas

The Role of Motivation on Behaviour

Health and Well-being

1. How does intrinsic motivation influence adherence to healthy eating behaviours in young adults?
2. What is the effect of goal-setting on motivation and exercise habits in individuals recovering from injury?

Human Development

3. How does parental motivation to support education affect cognitive development in early childhood?
4. Does motivation to succeed academically differ across developmental stages in adolescence?

Human Relationships

5. How does motivation to maintain social bonds influence conflict resolution strategies among close friends?
6. What is the relationship between motivation to belong and prosocial behaviour in adolescent peer groups?

Learning and Cognition

7. How does intrinsic motivation impact memory retention in high school students?
8. What role does motivation play in overcoming cognitive dissonance during learning tasks?

The Role of Culture on Behaviour

Health and Well-being

9. How do cultural beliefs influence help-seeking behaviour for mental health support?
10. What is the role of cultural norms in shaping attitudes towards preventative health behaviours?

Human Development

11. How does parenting style across cultures influence emotional development in early childhood?
12. What impact does cultural orientation have on identity formation during adolescence?

Human Relationships

13. How does cultural background influence expressions of empathy in interpersonal relationships?
14. In what ways does collectivism vs individualism affect conflict resolution in romantic relationships?

Learning and Cognition

15. How do cultural learning styles affect problem-solving strategies in the classroom?
16. What is the effect of culturally-based expectations on academic motivation and performance?

The Role of Technology on Behaviour

Health and Well-being

17. What is the impact of wearable fitness technology on health-related behaviour change?
18. How does social media use affect sleep hygiene and well-being in adolescents?

Human Development

19. How does early exposure to digital devices influence language development in young children?
20. What is the effect of educational apps on the cognitive development of preschool-aged children?

Human Relationships

21. How does the use of messaging apps influence the quality of communication in long-distance romantic relationships?
22. What is the impact of algorithm-driven content on social comparison and friendship dynamics among adolescents?

Learning and Cognition

23. How does the use of digital flashcard apps affect memory consolidation in

students?

24. What is the effect of multitasking with technology on cognitive load and academic performance?

